

# 2017 NMPHA ANNUAL CONFERENCE AGENDA

*“Celebrating 100 Years of Public Health in NM:  
Growing the next generation of leaders”*


## PRE-CONFERENCE MEETINGS

### Tuesday, April 4, 2017

TIME	LOCATION	DESCRIPTION
8:00 am	Hallway	Registration for Pre-Conference Session 1
9:00 am - 5:00 pm	Ocotillo I & II	<b>NMPHA PRECONFERENCE I</b>
11:30 am to 1:00 pm Lunch on your own		<i>Health Literacy: Tools, Topics and Theory</i> Andrew Pleasant, PhD Training on how to use evidence-based interventions to advance health literacy as a tool for behavior change among all sectors of society to eliminate disparities in health.
1:00 pm - 5:00 pm	Registrants will receive schedule in advance	<b>NMPHA PRECONFERENCE II</b> <i>Mobile Workshop - Healthy Here</i> Healthy Here staff and partners
5:30 pm - 6:00 pm	International District	<i>Community Walk for National Public Health Week (optional)</i>

## ANNUAL CONFERENCE

### Wednesday, April 5, 2017

7:30 am	Registration Area	Registration
7:30 - 8:30 am	Hallway	Light Breakfast & Networking View exhibits, VOTE in NMPHA elections
8:30 - 9:00 am	Sandia V Ballroom	<b>WELCOME PLenary SESSION</b> <i>Welcome, introductions &amp; acknowledgements</i> <i>Statements from candidates for NMPHA Board of Directors, and introduction to interactive conference format</i>
9:00 - 10:00 am	Sandia V Ballroom	<b>OPENING KEYNOTE PLenary</b> <i>The Value of Traveling Upstream Together</i>  <b>Thomas C. Quade, APHA President</b> Tom Quade is first and foremost a public health practitioner. In addition to serving as the current president of the American Public Health Association (APHA), he is the Health Commissioner for Marion County, Ohio. Tom also holds a community faculty position with the Northeastern Ohio Medical University's Master of Public Health program. He is a former Ohio Public Health Association President, and served for many years on the APHA Governing Council as the representative from the Ohio Affiliate. Tom earned his MPH from Yale University in 1999 and his professional public health credential in 2008.
10:00 - 10:30 am	Sandia V Ballroom	<b>LIVE PODCAST ("City on the Edge") with Mo Palmer - Public Health History in NM</b> City on the Edge is a bi-weekly podcast that tells the stories of Albuquerque (and

		sometimes greater New Mexico). Ty, Mike, and Nora talk history, culture, politics and even ghost stories as they explore and seek to understand their favorite city. At the NMPHA live podcast, they will interview historian and Presbyterian hospital's archivist Mo Palmer about the role of Tuberculosis in shaping New Mexico's early public health history.
10:30 - 10:45 am	Ballroom/ Hallway	<b>BREAK</b> - View posters, exhibits, VOTE in NMPHA election

**BREAKOUT SESSIONS 1**

		<b>TRACK A: Professional Development</b>
		<i>Advancing Health Literacy</i>
10:45 am - 12:15 pm	Sierra I	<p><b>Andrew Pleasant, PhD</b> Health literacy is a powerful tool of behavior change, not just a set of reading and writing skills. Health literacy has also been shown to be a two-sided social construct that is relevant to the public and health care professionals and health systems. In order to remove disparities in health, in order to create a healthier public, in order to lower costs and improve quality of care - health literacy must be fully embraced by public health professionals and clinical practitioners.</p>
		<b>TRACK B: Dialogues for Equity</b>
		<i>Deliberative Dialogue And Discovery to Explore Sovereignty in Local Food, Healthcare, and Economics</i>
10:45 am - 12:15 pm	Sierra III	<p><b>Carlos Flores, Adrian Baca, Xavier Barraza, Omar Torres</b> What are the key issues in our local communities affected by low wages, food insecurity, lack of control of resources, and lack of decision-making? How do we manage to consider our potential to become agents of change in our community and in the larger social and economic environment? This session works to engage partners in activities designed to move creative communication, to consider the knowledge and experience in small groups using deliberative democratic process and facilitated with experiential activities. We hope to begin dialogue on community issues that build our sense of community capacity and move us toward explorations of how we can be agents of change locally.</p>
		<b>TRACK C: Place-Based Work</b>
		<i>International District Healthy Community Coalition: Community Centered Public Health Work</i>
10:45 am - 12:15 pm	Ocotillo II	<p><b>Enrique Cardiel, Bernadette Hardy, Bridget Llanes</b> We will present a brief history of the International District Healthy Communities Coalition (IDHCC) and current work. We will discuss projects, partners, and plans for the future. We will share information on the current structure and development process of IDHCC. We will also talk about the urban nature of the project and how that impacts our approaches.</p>
		<b>TRACK D: Clinical/Community Linkages</b>
		<i>Regional Health Alliance Northeast - Model of Care</i>
10:45 am - 12:15 pm	Ocotillo I	<p><b>Rachel Wexler, Kyra Ochoa, Kim Gabaldon, Tammy Jaramillo, Lauren Reichelt</b> Regional Health Alliance Northeast aims to create a model for care coordination that serves shared clients of health systems and agencies within involved counties using innovative strategies. This interactive session will provide an overview of RHANE and discussion of seeds of similar initiatives which exist throughout New Mexico.</p>

10:45 am - 12:15 pm	Sandia VI-VII	<p style="text-align: center;"><b>TRACK E: Behavioral Health</b></p> <p style="text-align: center;"><i>NM Behavioral Health Needs Assessment: The 2017 Report and Discussion of Implications</i></p> <p><b>Jessica Reno, MPH</b> There is a new report available called "New Mexico Behavioral Health Needs Assessment." The report summarizes population behavioral health for the entire state, including health care access and behavioral disorders, and presents the results of an analysis of the 2014-2015 Medicaid claims among New Mexicans with active behavioral health diagnoses, including utilization and costs of behavioral and physical health care. Please join us for a presentation of the findings of this report, and an interactive discussion about future of behavioral health care in New Mexico.</p> <p style="text-align: center;"><i>Peer-Led Trauma Treatment for Substance Abuse and/or PTSD in Rural Communities: Results from a RCT</i></p> <p><b>Annette Crisanti, PhD; Cristina Murray-Krezan, MS, PhD candidate; Jessica Reno, MPH; Cynthia Killough, MA</b> The consequences of trauma are devastating and far-reaching, including, post-traumatic stress disorder and substance use disorders. While the benefits of peer-delivered services have been well documented, the value of peers in the provision of trauma-treatment is unknown. A RCT was conducted in northern New Mexico and no differences between treatment delivered by peers compared to clinicians were found. Given that similar outcomes were observed, patient-centered trauma treatment has the potential to increase access to trauma treatment in underserved rural communities.</p>
10:45 am - 12:15 pm	Sandia VIII	<p style="text-align: center;"><b>TRACK F: Capacity-Building</b></p> <p style="text-align: center;"><i>Assessing Organizational Readiness for Policy-Level Sexual Violence Prevention</i></p> <p><b>Danielle Reed, MA; Leona Woelk, MA; Shannon Hoshnic, MSW</b> Policy change is an important part of prevention - but how do we go about approaching organizations with suggestions for policy change? How do we know which policies to propose? What if the will is there, but readiness is low? In this panel discussion, you will learn about how a multi-sectoral prevention team used a collaborative process to assess organizational readiness to prevent sexual violence through changes to policies and practices, and how the findings are being used to guide ongoing prevention policy work.</p>
12:15 pm	Hallway	<b>TRANSIT TIME</b>
12:20 pm	Sandia V Ballroom	<p style="text-align: center;"><b>LUNCH</b></p> <p style="text-align: center;"><b>Introduction of NMPHA Board Candidates &amp; Networking</b></p>
1:15 - 1:30 pm	Hallway	<b>BREAK</b> - View posters, exhibits, vote in NMPHA election

## BREAKOUT SESSIONS 2

<p><b>1:30 - 3:00 pm</b></p>	<p><b>Sierra I</b></p>	<p style="text-align: center;"><b>TRACK A: Professional Development</b></p> <p style="text-align: center;"><i>Building Statewide Health Literacy Coalitions</i></p> <p><b>Andrew Pleasant, PhD</b>          Increasingly, many states, localities, and nations are forming health literacy coalitions. The goals generally include advancing the role of health literacy in public health and clinical practice, build resources and capacity to do so, and create a basis for future development. This session will, initially, provide examples of such efforts and then engage participants in a discussion about what a health literacy coalition in New Mexico might accomplish.</p>
<p><b>1:30 - 3:00 pm</b></p>	<p><b>Sierra III</b></p>	<p style="text-align: center;"><b>TRACK B: Dialogues for Equity</b></p> <p style="text-align: center;"><i>Keeping it Single: Gender Segregation Prevention Education Programs Exist in Communities of Color?</i></p> <p><b>Amy Whitfield, MSW; Toyese Oyeyemi, MPH</b>          Many prevention education programs for social issues use gender segregation as a practice to boost the effectiveness of the program and create safe spaces for boys and girls to explore controversial issues. While many studies have shown this practice to be effective, this panel discussion will explore whether it is a practice that should be used in communities of color; particularly with youth of color.</p>
<p><b>1:30 - 3:00 pm</b></p>	<p><b>Ocotillo II</b></p>	<p style="text-align: center;"><b>TRACK C: Place-Based Work</b></p> <p style="text-align: center;"><i>Moving from Planning to Action: Conducting a Community-Designed Action Lab for a Safer Community</i></p> <p><b>Enrique Cardiel, MPH; Tatiana Falcón Rodríguez, MPH; Bernadette Hardy, BA</b>          This workshop will help participants learn about using an Action Lab as a tool for not just engaging stakeholders in a particular health issue, but also moving from idea to action.. We will share tools for engaging and maintaining stakeholders, ideas for strategies to address a particular health issue, and lessons learned from a local case study of a project in ABQ's International District.</p>
<p><b>1:30 - 3:00 pm</b></p>	<p><b>Ocotillo I</b></p>	<p style="text-align: center;"><b>TRACK D: Clinical/Community Linkages</b></p> <p style="text-align: center;"><i>Healthy Here's Wellness Referral Center: Providers, patients, and community resources</i></p> <p><b>Valerie Quintana, Jesse Barnes, Mary Meyer, Theresa Cruz</b>          Connecting people living with chronic diseases to community resources can be challenging. In its first year of operations, the Wellness Referral Center (WRC), a Healthy Here initiative, has connected over 700 patients to programs that help them prevent and manage chronic disease through healthy eating, active living, and other skills such as stress management. This panel discussion will share details about how the WRC was developed, and how it works to improve the community's health.</p>

1:30 - 3:00 pm	Sandia VI-VII	<p style="text-align: center;"><b>TRACK E: Behavioral Health</b></p> <p style="text-align: center;"><i>Inspiration into Action: How Alcohol Taxes Became Taken Seriously</i></p> <p><b>Peter DeBenedittis, Ph.D.</b> Many public health initiatives face serious opposition from well funded lobbyists who block most environmental health initiatives that impact industries who profit from disease. This case study shows the steps Alcohol Taxes Save Lives &amp; Money took to make significantly raising alcohol excise taxes a viable legislative option. Topics covered will be the importance of focus, coalition building, the role of training &amp; education, capitalizing on research &amp; public opinion, how to advocate without lobbying, and working with legislators.</p> <p style="text-align: center;"><b><i>One More for the Road?: Examining alcohol outlet density in NM</i></b></p> <p><b>Naomi Greene, MPH, CPH</b> New Mexico has the highest alcohol-related death rate in the US. Regulating alcohol outlet density is one intervention for reducing alcohol-related harm in communities. What is alcohol outlet density? How is it related to alcohol-related harm and other public health issues? What can a local community do to regulate alcohol outlet density? This session will foster discussion on these questions as well as present evidence on the association between alcohol outlet density and violent crime in two New Mexico communities.</p>
1:30 - 3:00 pm	Sandia VIII	<p style="text-align: center;"><b>TRACK F: Aging in New Mexico</b></p> <p style="text-align: center;"><i>Dementia in New Mexico</i></p> <p><b>Janice Knoefel, MD, MPH; Ellen Teresa Costilla, LCSW, MSW, MPA, CIRS-A; Gary Giron, LPCC, MBA, Master of Divinity</b> It is estimated over 36,000 persons in NM have Alzheimer's disease or related dementias and 106,000 caregivers provide support and care. The number of New Mexicans with dementia is expected to increase to 53,000 by 2025. This workshop will provide basic information about dementia and Alzheimer's disease, why early detection is important, the impact of the disease on the health care system, services and supports available to assist caregivers and their loved ones with dementias, the importance of self-care for the caregiver, available NM data and how communities can act to support this growing population.</p>
3:00 - 3:15 pm	Hallway	<b>BREAK</b> - View posters, exhibits, VOTE in NMPHA election

## BREAKOUT SESSIONS 3


3:15 - 4:45 pm	Sierra I	<p><b>TRACK A: Professional Development</b></p> <p><i>New Mexico MCH Public Health Training Institute: A Successful Partnership</i></p> <p><b>Sue Forster-Cox, PhD; Stephanie Jackson, MPH; Pam Sedillo, BS; Noell Stone, MPH; Kristine Tollestrup, PhD</b></p> <p>The New Mexico Maternal Child Health Public Health Training Institute (NM-MCHPHI) has graduated the first cohort and has begun to train the second. Topics will include student evaluations, how content and delivery were adjusted to meet the needs of the students, challenges and highlights of the diverse partnership and future plans.</p> <p><i>Policy Advocacy Internships in Public Health: Reflection, Discussion, and a Call to Action</i></p> <p><b>Holly Mata, PhD, CHES; Evelyn Garcia, BS; Daniela Marquez, BS; Kristen Hernandez, MPH; Maureen Schmittle</b></p> <p>We hope to provide a forum at NMPHA that will increase the availability of 1) public health internships with a health equity policy focus; 2) public health internships that provide a stipend for students; and 3) universities, community-based organizations, and government agencies participating in public health internships with a policy advocacy component. Please join us so we can learn from each other and provide our emerging public health professionals with policy advocacy experience!</p>
3:15 - 4:45 pm	Sierra III	<p><b>TRACK B: Dialogues for Equity</b></p> <p><i>Decolonizing Public Health</i></p> <p><b>Enrique Cardiel, MPH</b></p> <p>This will be a discussion of the colonial nature of US society and its impact upon public health work and what we can do individually and collectively to decolonize our work and community.</p> <p><i>Studying the Occupational Stress Caused by Physical Environmental Factors in Working Places</i></p> <p><b>Hirbod Norouzianpour</b></p> <p>The built environment can have significant effects on its users and their health. One of important agent for the disease in work environments is stress. Our fast pace lifestyle makes us more expose to stress during our life span, and social stress may be the most important factor for the increased risk of mental disorders in urban areas. Due to the importance of this issue, the main question of this research is; what are the main environmental factors in offices that can help the employees experience lower stress lever or help them to reduce the stress after facing it?</p>

<p><b>3:15 - 4:45 pm</b></p>	<p><b>Ocotillo II</b></p>	<p style="text-align: center;"><b>TRACK C: Place-Based Work</b></p> <p style="text-align: center;"><i>Radiation Exposure and Justice: Results of Tularosa Basin Downwinders Consortium Study</i></p> <p><b>Tina Cordova &amp; Cindy Kratzke, PhD, CHES</b> This presentation covers important connections for environment, justice, partners, and health advocacy at the grassroots level by the Tularosa Basin Downwinders Consortium. Recent study findings, important legislative efforts, and partnerships will be highlighted.</p> <p style="text-align: center;"><i>HIA: Indian Health Service Underfunding and the Santa Fe Urban Native American Community</i></p> <p><b>Valerie Rangel, MCRP &amp; Kathryn Tijerina, JD</b> This session will describe a Health Impact Assessment (HIA) that was completed in early 2017 that evaluated the impact of IHS underfunding on the urban American Indian and Alaska Native inter-tribal community of Santa Fe County. The presentation will include survey and qualitative interview results and the subsequent recommendations that emerged from the HIA process.</p>
<p><b>3:15 - 4:45 pm</b></p>	<p><b>Ocotillo I</b></p>	<p style="text-align: center;"><b>TRACK D: Preventing Chronic Disease</b></p> <p style="text-align: center;"><i>Running Medicine: A Wellness Program Focusing on Fun, Family, and Fitness</i></p> <p><b>Anthony Fleg, MD</b> The Native Health Initiative (NHI) launched a unique family-oriented wellness/fitness program called Running Medicine (RM) in March 2016. In this presentation RM participants and leaders will share the process of building a community-based fitness program focused on American Indian families in an urban setting, sharing insight from this process that will allow participants to create similar successful efforts in their communities.</p> <p style="text-align: center;"><i>Defining the Link between School Space, Architecture and Obesity Prevention</i></p> <p><b>Brayra Lara</b> Today's health challenges have created collaboration opportunities between architect and public health professionals to address how building design could be integrated into prevention tactics. With up to 50% of students' daily energy intake occurring in the school building, schools have often become the focus of targeted efforts to combat childhood obesity. School-based nutrition education programs may contribute to healthier eating habits, but these programs are not consistently effective on their own. Current school design guidelines focus on environmental sustainability, educational attainment, community development, and most importantly - low costs. What if we incorporated healthy eating?</p>

<p>3:15 - 4:45 pm</p>	<p><b>Sandia VI-VII</b></p>	<p style="text-align: center;"><b>TRACK E: Behavioral Health</b></p> <p style="text-align: center;"><i>La Familia Medical Center's Substance Abuse Treatment Program Collaborative Photography Project</i></p> <p><b>Jackie Munro, BFA</b>  Learn about how La Familia Medical Center is using photography to tell the stories of patients in its' Substance Abuse Treatment Program. 5 patients are participating in a 2-year program to document their lives in recovery and tell their personal stories. Session will include discussion of teaching strategies, looking at photographs and discussing potential uses for storytelling projects. Session participants will receive example lesson plans.</p> <p style="text-align: center;"><i>Patterns of Alcohol Use among College Students: Preliminary Results from Southern New Mexico</i></p> <p><b>Satya Rao, PhD, and Bridget Acquah-Baidoo</b>  Students completed surveys as part of the first year of a NCAA Choices grant. Socio-demographic data, patterns of alcohol use including binge-drinking, as well as social support and help-seeking behaviors of study participants are presented. Study findings provide insights into campus-based prevention strategies and activities targeting undergraduate students.</p>
<p>3:15 - 4:45 pm</p>	<p><b>Sandia VIII</b></p>	<p style="text-align: center;"><b>TRACK F: Aging in New Mexico</b></p> <p style="text-align: center;"><i>Utilizing CHR's to Raise Awareness about Fall Risk Factors in a Community of American Indians</i></p> <p><b>Janet Popp, PT, MS &amp; Donica Ghahate, AS</b>  Older adult falls are a public health crisis. The CDC reports one out of three adults 65 years and older falls each year. Often the public perception is that falls are a normal part of aging and can't be prevented. Fall related injury can be a barrier to aging in place, particularly for older adults living in rural areas with limited resources. Learn about a recent community engagement project at Zuni Pueblo to introduce and provide education on fall risk factors and simple strategies to reduce risk. Community Health Representatives administered a CDC instrument to screen for fall risk and provided introductory education to Zuni elders.</p> <p style="text-align: center;"><i>End of Life Issues: A significant public health challenge</i></p> <p><b>Barak Wolff, MPH</b>  This session will provide a high level overview of End of Life system issues from a public health and legal perspective including patient self-determination, hospice, palliative care and the importance of advance care planning. It will also explain aid in dying as a developing national policy direction and our recent experience here in NM with a court case and a legislative campaign. The last 30 minutes or so will engage the audience in a discussion about their own personal experiences with end of life issues, death, and advance care planning. We are mortal beings; no one gets out alive!</p>
<p>4:45 - 5:00 pm</p>	<p><b>Hallway</b></p>	<p><b>BREAK</b> - View exhibits, <b>LAST CHANCE TO VOTE</b> in NMPHA election</p>
<p>5:00-7:00 pm</p>	<p><b>Sandia V Ballroom</b></p>	<p style="text-align: center;"><b>PAST PRESIDENTS' RECEPTION &amp; 100th BIRTHDAY PARTY!</b></p> <p style="text-align: center;"><b>POSTER VIEWING &amp; JUDGING (5:00-6:00 pm)</b></p> <p style="text-align: center;"><i>Come check out all the posters, network with new and old friends, and join in our birthday celebration!</i></p>



## Thursday, April 6, 2017

7:30 am	Registration Area	Registration
	Hallway	Light Breakfast & Networking View exhibits, and posters
8:30 am	Sandia V Ballroom	<b>WELCOME PLENARY SESSION</b> <i>Welcome, introductions &amp; acknowledgements</i>
8:45 - 9:45 am	Sandia V Ballroom	<b>PLENARY SESSION</b>  <div style="display: flex; align-items: flex-start;">  <div> <p><b><i>When a Youth Speaks: Growing the Next Generation of Activists</i></b></p> <p><b>Aji Piper, Climate Activist and Singer/Songwriter</b> Aji is a 16 year-old climate activist and singer from Seattle, Washington. He was born in Albuquerque, New Mexico, and grew up in the woods of the Kitsap Peninsula in Washington. He began his climate activism at the age of 12 when he learned about oil trains coming through his city and along the coast. He felt driven to take part in protests and legislative hearings, and began writing and performing original songs to have his message heard. He has since served his community by founding the Seattle chapter of Earth Guardians and serving as the President of Plant for the Planet, a nonprofit dedicated to fighting climate change through planting trees.</p> <p>Aji is one of 21 youth plaintiffs suing the US Government with the support of Our Children's Trust in a landmark federal climate lawsuit. He is also plaintiff on another youth-driven lawsuit demanding that Washington's Environmental Department act to mitigate climate change.</p> </div> </div>
9:45 - 10:15 am	Sandia V Ballroom	<b><i>Youth Creating Change to Improve Health in Communities: Experiences from Southern New Mexico</i></b>  <b>Satya Rao, PhD; Dr. Cynthia Kratzke, PhD; Ruben Marquez, BPH</b> In our presentation we discuss projects that participating high school students developed and implemented in their communities in three critical areas: Food availability and consumption, focusing on diabetes and obesity; behavioral health issues such as smoking and drinking; and environmental hazards and health issues. By highlighting a few of these projects we describe how high school students became public health advocates and "agents of change" in their schools and communities.
10:15-10:30 am	Hallway	<b>BREAK</b> View exhibits and posters
<b>BREAKOUT SESSIONS 4</b>		
10:30 am - 12:00 pm	Sierra I	<b>TRACK A: Professional Development</b> <b><i>Growing the Next Gen: Laying the Groundwork for a Robust Community Health Workers Certification Program</i></b>  <b>Nelsy Dominguez, Bette Jo Ciesielski, Jenny Landen, Sylvia Garcia, Aggie Olsen</b> Community Health Workers (CHWs) serve as connectors between health consumers and providers to promote health among groups that traditionally lacked access to healthcare. The certification process has mobilized efforts to recruit, train, and certify CHWs. Session, co-presented by the New Mexico Community Health Worker Association, Santa Fe Community College and Con Alma Health Foundation (funding partner) will focus on current efforts that engage the next generation to pursue CHW certification.

<p><b>10:30 am - 12:00 pm</b></p>	<p><b>Sierra III</b></p>	<p style="text-align: center;"><b>TRACK B: Growing Youth Leadership</b></p> <p style="text-align: center;"><i>Youth Lead the Way: A Crash Course in Activism</i></p> <p><b>Aji Piper</b>  Building on the ideas presented In Aji Piper's morning plenary presentation about youth, civic action and the intersectionality of climate change, participants will identify local issues in New Mexico and work together to lay out actions to address them.</p>
<p><b>10:30 am - 12:00 pm</b></p>	<p><b>Ocotillo II</b></p>	<p style="text-align: center;"><b>TRACK C: Early Childhood</b></p> <p style="text-align: center;"><i>ECAP presents "Class of '27" documentary screening and facilitated conversation</i></p> <p><b>Laurel Wyckoff, Paula Steele, Angela Merkert, Ybeth Iglesias</b>  View a story from the PBS film "Class of '27". Learn how children from a distressed migrant community, despite their circumstances, can grow into productive and civically engaged adults if they get support in their earliest years. Screening is followed by a discussion facilitated by partners in the Early Childhood Accountability Partnership. Resulting recommendations for community action and/or policy change will be shared with conference attendees and coalitions aligned and active with ECAP.</p>
<p><b>10:30 am - 12:00 pm</b></p>	<p><b>Ocotillo I</b></p>	<p style="text-align: center;"><b>TRACK D: Preventing Chronic Disease</b></p> <p style="text-align: center;"><i>The Together on Diabetes Program: Addressing Diabetes among American Indian Youth and Their Families</i></p> <p><b>Leonela Nelson, Nicole Neault, MPH</b>  "Together on Diabetes" (TOD) is a diabetes prevention and management intervention designed with and for American Indian (AI) youth. The program, which targets change through in-home intervention, provider engagement and community outreach, was implemented with 257 youth and 223 support persons from AI communities. Youth enrolled in the program improved knowledge, psychological, behavioral and psychosocial health. This session will describe the TOD program and results, as well as share plans for dissemination and replication.</p> <p style="text-align: center;"><i>Family Spirit Nurture: Preventing Early Childhood Obesity in American Indian Populations</i></p> <p><b>Leonela Nelson &amp; Reese Foy Cuddy, MPH</b>  Building on decades of research that has shown home-visiting can improve child and family outcomes, the Johns Hopkins Center for American Indian Health is partnering with the Navajo Nation and White Mountain Apache tribes to initiate two research projects to address early childhood obesity. The Family Spirit Nurture research projects are among the first early childhood home visiting studies to focus on preventing obesity starting before birth, and will contribute significantly to future interventions and policies to address obesity risks among American Indian families. This presentation will describe the development and initiation of the Family Spirit Nurture studies and initiate discussion to help improve and expand future early childhood obesity efforts in high-risk populations.</p>
<p><b>10:30 am - 12:00 pm</b></p>	<p><b>Sandia VI-VII</b></p>	<p style="text-align: center;"><b>TRACK E: Behavioral Health</b></p> <p style="text-align: center;"><i>Opioid Overdose: What is it and what's this "naloxone" thing everyone's talking about?</i></p> <p><b>Sharz Weeks, MPH Candidate; Adriana Bautista, MD, MPH</b>  Do you know how to recognize an opioid overdose? This session focuses on the prevalence of opioid overdoses in New Mexico and will teach you how to recognize an opioid overdose and what to do in response, including an overview of naloxone. The session will also include results of a study of NM pharmacists about their concerns regarding dispensing naloxone and the relationship to offering other preventive services.</p>

10:30 am - 12:00 pm	Sandia VIII	<p style="text-align: center;"><b>TRACK F: Equity &amp; Access</b></p> <p style="text-align: center;"><i>Establishing a Muslim Women Community Advisory Board for Mental Health in Albuquerque</i></p> <p><b>Sara Ali, MBBCH, MPH candidate; Francisco Soto Mas, PhD MPH; Nina Wallerstein, DrPH</b></p> <p>In this presentation, I will discuss the process of developing a community advisory board of Muslim women to assess the mental health needs of Muslim women in Albuquerque. With the ongoing political events, Muslim women, particularly those who are veiled are more targeted by Islamophobia, discrimination, and other forms of harassment. This continuously puts them at risk of developing stress, anxiety, depression, and low self-esteem. I will also discuss the development of a culturally and spiritually sensitive workshop about handling racism was conducted by the community advisory board in an effort to address the stressful situations that the Muslim women are exposed to.</p> <p style="text-align: center;"><i>New Mexico's Uninsured Rate Is Down. Now What?</i></p> <p><b>Kate Cartwright, PhD; Nick Edwardson, PhD</b></p> <p>Despite the ACA driving down the uninsured rate in NM, access issues for newly insured patients still abound. To better understand these issues, UNM researchers administered a survey in late 2016 to 1,437 NM residents. Regression adjusted estimates suggest newly insured patients have lower self-rated measures of health, are less likely to have a regular source of care, and are more likely to have put off seeking care in the past year. We will discuss the results and potential policy solutions.</p>
12:00 noon	Hallway	<b>TRANSIT TIME</b>
12:10 - 1:30 pm	Sandia V Ballroom	<b>AWARDS LUNCHEON &amp; ELECTION RESULTS</b>
1:30 pm	Hallway	<b>BREAK</b>
<b>BREAKOUT SESSIONS 5</b>		
1:45 - 3:15 pm	Sierra I	<p style="text-align: center;"><b>TRACK A: Professional Development</b></p> <p style="text-align: center;"><i>EleValle Collaborative: Nurturing the Next Generation of Community Health Workers While Honoring the Veteran Community Health Workers</i></p> <p><b>Alma Olivas, CHW; Fernando Ortega, CHW; Tomas Martinez, CHW; Michelle Melendez, MPA</b></p> <p>For more than a decade, EleValle organizations have provided on the job training through mentorship, internship and apprenticeship. These organizations have taken on the mentorship role intentionally to prepare the next generation to work respectfully and effectively in our communities. A major challenge is how to sustain this important work organizationally and how to compensate veteran CHWs for taking trainees under their wing while not over-burdening them. This session will seek ideas for nurturing the next generation of health leaders while honoring the earlier generations.</p>

<p>1:45 - 3:15 pm</p>	<p>Sierra III</p>	<p style="text-align: center;"><b>TRACK B: Growing Youth Leadership</b></p> <p style="text-align: center;"><i>Youth Leading the Way to Healthier Communities</i></p> <p><b>Ashlee Smalley, Bryant Shuey, Santiago Ortiz, Diane Sun, Daniel Albert</b>  The Native Health Initiative is a love-funded partnership to address health inequities. Our youth programming is grounded in the Positive Youth Development (RYD) philosophy, recognizing youth as leaders and building on their strengths. Our pipeline development efforts for Indigenous youth reflect this, involving service and leadership as much as exposure to health fields. Youth presenters from NHI will share their projects from two NHI programs (Healers of Tomorrow and Youth Leading the Way project grants) with a focus on barriers and opportunities for youth leadership in public health efforts.</p> <p style="text-align: center;"><i>Hip Hop as a Tool for Improving Health</i></p> <p><b>Shane Montoya &amp; Cyrus Gould</b>  Hip hop culture speaks to large groups of people long sought after by public health, including young adults who may not seek care of advice from traditional health settings. Our Native Health Initiative has worked to create partnerships with artists in the hip hop community over the last decade in an effort to use this medium as way to educate and empower communities toward better health. In this session, we will share art that carries health messages as well as describing some of the key elements and promises for hip hop and other artistic mediums to improve health.</p>
<p>1:45 - 3:15 pm</p>	<p>Ocotillo II</p>	<p style="text-align: center;"><b>TRACK C: School-Aged Youth</b></p> <p style="text-align: center;"><i>Improving School Climate and Safety to Reduce LGBTQ Youth Suicide</i></p> <p><b>Mary Ramos, MD, MPH; Cathleen Willging, PhD; Janie Lee Hall, RN, BSN;</b>  This presentation draws on recent survey data to examine mental health disparities impacting sexual and gender minority (SGM) youth. It also describes a community-engaged, mixed-methods study that supports school nurses and other school professionals to implement evidence-based strategies to create safer high school environments and reduce mental health disparities among SGM youth in New Mexico. This study keeps with national priorities to improve both school-based health services and SGM health status, while employing implementation science to advance safer schools.</p>
<p>1:45 - 3:15 pm</p>	<p>Ocotillo I</p>	<p style="text-align: center;"><b>TRACK D: Preventing Chronic Disease</b></p> <p style="text-align: center;"><i>Case Study in Response to a Diabetes Diagnosis</i></p> <p><b>Enrique Cardiel, MPH</b>  This presentation will present a non-medication, self-treatment response to a diagnosis of diabetes. Successes in reduction of glucose readings, blood pressure, VO2max, and chronic pain reduction will be shared and discussed. The research behind the approach will also be shared. Ideas on how this may apply to public health work will be shared as well.</p> <p style="text-align: center;"><i>Eat Smart to Play Hard: Social Marketing for the Well- Being of Children and Families in New Mexico</i></p> <p><b>Glenda Canaca, MD; Jennifer Johnston, BS</b>  Social marketing is a process that uses marketing principles and techniques to influence primary audience behaviors that will benefit society as well as the individual. This presentation explores the process to develop a social marketing program, from formative research, to implementation, featuring the Eat Smart to Play Hard (ESPH) program. ESPH is focused on increasing consumption of fruits and vegetables among 8- to 10-year old students in New Mexico. We will highlight the distinctive features of a social marketing approach and its audience centered focus in an interactive way.</p>

1:45 - 3:15 pm	Sandia VI-VII	<p style="text-align: center;"><b>TRACK E: Community Engagement</b></p> <p style="text-align: center;"><i>Actively Engaging Stakeholders in Evaluation with Games</i></p> <p><b>Lee Ratzlaff, MA; Debra Heath, MPH; Julie Salvador, PhD</b>  Stakeholder engagement in the evaluation process has been identified as a primary vehicle for evaluation use. Games are considered an effective tool for stakeholder engagement and collaborative learning, inspiring interest, motivation, and retention. We will outline methods used to engage providers, youth and families in New Mexico's System of Care evaluations, focusing on our recent adaptation of the children's game, Chutes &amp; Ladders, to engage stakeholders in identifying wraparound barriers, success factors and solutions.</p>
1:45 - 3:15 pm	Sandia VIII	<p style="text-align: center;"><b>TRACK F: Equity &amp; Access</b></p> <p style="text-align: center;"><i>Pathway to an Accessible Healthcare Facility</i></p> <p><b>Lisa McNiven, MPA &amp; Daniel Fernandez</b>  This session will share the importance of having a medical facility that is accessible to people with a disability. Discussion points will include, but are not limited to, accessible parking, exterior/interior accessible routes, medical exam table and diagnostic equipment, including having personnel trained in transferring an individual in a wheelchair to the exam table. Information will be shared on the health disparities and secondary conditions that individuals with disabilities and medical staff face when a facility is not accessible. Information of the various resources that assist with the process of making your facility more accessible will be discussed to inform administrators who operate a medical facility.</p> <p style="text-align: center;"><b>Meet Me at the Crossroads:</b>  <b><i>A Discussion of the LGB Health Inequities through an Intersectional Framework</i></b></p> <p><b>Naomi Greene, MPH, CPH</b>  The LGB population is diverse with individuals belonging to a variety of racial/ethnic, socio-demographic, religious, geographic and cultural backgrounds. This session will explore health disparities among New Mexican adults at the intersections of gender, race/ethnicity, and sexual orientation. We will present analyses using data from the New Mexico Behavior Risk Factor Surveillance System. Participants will have an opportunity to discuss how an intersectional framework could be incorporated into their work.</p>
3:15 pm	Hallway	<b>BREAK</b> - View posters, exhibits
<b>BREAKOUT SESSIONS 6</b>		
3:30 - 5:00 pm	Sierra I	<p style="text-align: center;"><b>TRACK A: Emerging Public Health Initiatives</b></p> <p style="text-align: center;"><i>New Mexico Public Health Institute:  What is it and how will it benefit our state?</i></p> <p><b>Susan Wilger, MPA; Alisha Herrick, MPH, CHES</b>  What is the purpose of a New Mexico Public Health Institute (NMPHI)? The NMPHI seeks to fill the current gaps in research, data and equity in policy so that communities have access to the resources they need to move forward with issues that are relevant to improving the health of their regions and community members.</p> <p style="text-align: center;"><b><i>Candidemia: A new surveillance initiative for fungal infections and drug resistance in New Mexico</i></b></p> <p><b>Sarah Shrum, MPH; Erin Phipps, DVM, MPH; Emily Hancock, MPH; Nicole Kenslow, MPH</b>  New Mexico Department of Health Emerging Infections Program is implementing a surveillance initiative for candidemia, an invasive fungal infection with high mortality and emerging drug resistance. This program will be the first of its kind in New Mexico. We will describe the background, methodology, and specific goals of this new initiative, and seek audience input on future studies and approaches.</p>

<p>3:30 - 5:00 pm</p>	<p>Sierra III</p>	<p style="text-align: center;"><b>TRACK B: Growing Youth Leadership</b></p> <p style="text-align: center;"><i>RezRIDERS: Utilizing Extreme Sports Curriculum as a Mechanism for Developing Youth Leadership</i></p> <p><b>Rebecca Rae, Mingma Sherpa, Jeremy Oyenque, Jon Tafoya, Joseph Gutierrez, Desiree Herrera</b></p> <p>RezRIDERS (Reducing Risk through Interpersonal Development, Empowerment, Resiliency and Self Determination) is a year-round extreme sports focused leadership program. The RezRIDERS curriculum follows the water cycle and participants are exposed to snowboarding, white water rafting and rock climbing. In each activity, Tribal Research Team mentors and youth mentors integrate core value development, cultural and language significance, hold dialogue on hope and optimism, incorporate team building, and build upon tribal duties and expectations. In this presentation, we will highlight the RezRIDERS curriculum and discuss the benefits of the program on the participants and the community.</p> <p style="text-align: center;"><b>Addressing the Gender Gap: Leadership Development for Girls Ages 10-14</b></p> <p><b>Aimee Chavez, BS, MSW candidate</b></p> <p>Although women have made astounding strides in increasing their presence in male dominated fields and leadership roles, women’s leadership potential has remained somewhat untapped, allowing the gender gap to continue to persist. In order to appropriately address this disparity, programs need to be directed towards promoting leadership development in girls ages 10-14. The programs will introduce and encourage girls’ engagement in leadership roles, build self-confidence, and empower girls to use their voice for change.</p>
<p>3:30 - 5:00 pm</p>	<p>Ocotillo II</p>	<p style="text-align: center;"><b>TRACK C: School-Aged Youth</b></p> <p style="text-align: center;"><i>Now I Lay Me Down to Sleep: The Impact of Unstable Housing on Student Health &amp; Education</i></p> <p><b>Dan Green, MPH; Dana Malone, MA; Patrick Scott, MSW; Jeffrey Beg, MA; Linda Peñaloza, PhD</b></p> <p>How many of New Mexico’s students are not in stable housing, and how can this affect their health and their academic success? What policies affect this vulnerable population, and what programs are available to help support them? In this panel discussion, presenters will share the most current data on housing stability among New Mexico youth, and discuss policies and programs that can help schools identify and support students who are experiencing homelessness.</p>

3:30 - 5:00 pm	Ocotillo I	<p style="text-align: center;"><b>TRACK D: Preventing Chronic Disease</b></p> <p style="text-align: center;"><i><b>Water First! Learning Community: A Journey to Promote Healthy Beverages for Native American Youth</b></i></p> <p><b>Michelle Gutiérrez, MA</b> Sugary drinks play a critical role in childhood obesity. 2015 NMDOH data indicates that about 1/3 of Native American children were overweight or obese and by 3rd grade 1/2 of Native American children were overweight or obese. Because sugary drinks now represent the biggest source of added sugar in children's diets, the NB3 Foundation awarded 9 grants to tribal communities in New Mexico and Arizona to focus on reducing the consumption of sugary drinks. In this session, the Foundation will share more about its approach, what the communities are learning, and how we can effectively build a movement of health for Native American children.</p> <p style="text-align: center;"><i><b>The Choose H2O Challenge: A Pilot Campaign to Encourage Rural Teens to Drink More Water</b></i></p> <p><b>Emily A. Lilo, MPH</b> Worried teens drink too many sugary beverages? We designed and implemented a pilot health campaign on social media and at a rural high school to guide teens through a process of increased awareness and student engagement, cognitive elaboration, and behavioral supports to change the culture and behaviors around drinking water.</p>
3:30 - 5:00 pm	Sandia VI-VII	<p style="text-align: center;"><b>TRACK E: Community Engagement</b></p> <p style="text-align: center;"><i><b>Community Asset Mapping: Empowering Our Communities to Grow Health from Within</b></i></p> <p><b>Anthony Fleg, MD</b> Community asset mapping is a critical tool for health equity, a shift in the paradigm of how look at our roles as healers, how we approach the patients and communities whose health we aim to improve. In this workshop, we will help you explore asset mapping as a tool for improving health in your community.</p> <p style="text-align: center;"><i><b>Sharing Circle: Health and Wellness in New Mexico</b></i></p> <p><b>Patricia Bradley, MLS; Gale Hannigan, PhD, MPH</b> There is much focus on how unhealthy New Mexico is. Let's take a look at what New Mexicans are doing in their communities to promote health and wellness---physically, emotionally and spiritually. We will begin by looking at a national and a local resource that discuss health and wellness. We will then define the concepts of health and wellness for New Mexico. All will then be invited to share a New Mexico health/wellness project that they are aware of for submission to an institutional repository.</p>
3:30 - 5:00 pm	Sandia VIII	<p style="text-align: center;"><b>TRACK F: Equity &amp; Access</b></p> <p style="text-align: center;"><i><b>Health Implications of Current NM Patterns of Patient-Provider Racial and Ethnic Concordance</b></i></p> <p><b>Kate Cartwright, PhD; Nick Edwardson, PhD; Estela Vasquez Guzman, PhD student; Brooke Abrams, PhD student</b> This presentation uses new data from the 2016 Social Determinants of Health in NM Survey conducted by the RWJF Center for Health Policy at UNM Fellows to explore racial &amp; ethnic concordance between patients and providers in NM &amp; related health outcomes using bivariate &amp; multivariate analyses. Our findings have implications for social determinants affecting quality of care as well as for the need for educational &amp; professional development investments in health care professionals of color.</p>
5:00 pm		<b>ADJOURN</b>
5:15 pm		<b>BRIEF MEETING OF NEW NMPHA BOARD OF DIRECTORS</b>